

January 21, 2021

Dear Dodgeland Parents/Guardians,

We are in the middle of winter and like every year (and especially this year) we see cold and flu symptoms develop. To help us mitigate colds, flu, and COVID-19 in our building, we ask that you follow these recommendations:

- If your child is not feeling well in the morning, and has cold, flu, or COVID-19 symptoms, please keep your child home.
- If your child is ill, your child cannot return to school until he/she is symptom-free, **and** without the use of medication to reduce fever for 24 hours. If your child returns to school before the 24 hours has expired, we will call to ask that you pick up your child.
- If your child is diagnosed with anything contagious, such as strep throat, the flu, or COVID-19, please let the school secretaries know or call me, the school nurse.
- If your child has Covid-19 symptoms, we recommend that he/she gets tested. We ask that if your child gets tested that you let us know as soon as possible the results so that we can do contact tracing if needed.

Any questions feel free to call me, Lynnae Shaw, at 386-4404, ext. 1006.

Thank you for partnering with us to keep our schools healthy, safe, and open.

Sincerely,

Lynnae Shaw, RN BSN
School Nurse

Do not send your child to school if they have ONE of these symptoms*

- New Cough
- Shortness of breath or difficulty breathing
- Loss of taste/smell

Or TWO of these symptoms*

- Fever or chills
- Nausea or vomiting
- Congestion or runny nose
- Body or muscle aches
- Sore throat
- Fatigue
- Diarrhea
- Headache

* These symptom criteria apply to COVID-19 related exclusions for in-person instruction. Other symptoms may also require exclusion for a different communicable disease.

COVID SX	Strep Throat	Common Cold	Flu	Asthma	Seasonal Allergies
FEVER	X		X		
COUGH		X	X	X	X
SORE THROAT	X	X	X		X
SHORTNESS OF BREATH				X	
FATIGUE		X	X	X	X
DIARRHEA OR VOMITING	X		X		
RUNNY NOSE		X	X		X
BODY/MUSCLE ACHES	X	X	X		